



Shaping Our Lives
Inclusive Involvement Matters

Take part in our social care research group

Social Care Involvement
Group in the East of England



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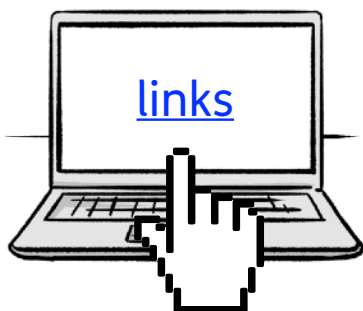
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In this Easy Read document, hard words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are blue and underlined. These are links which will go to another website which has more information.

Introduction



This information is from Shaping Our Lives and the University of Hertfordshire.



It is about a **research** project we are doing about **social care**.

Research is about looking into something to find out more information.



Social care is care and support for people to live independently.



We are looking for people with learning disabilities to help us.

What is the project?

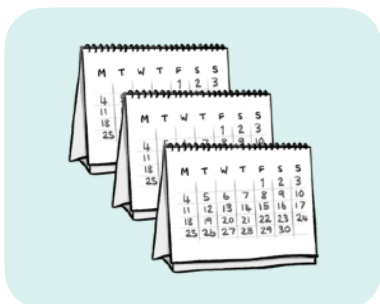


We are doing a research project about social care.



We want to find out about people's experiences of social care.

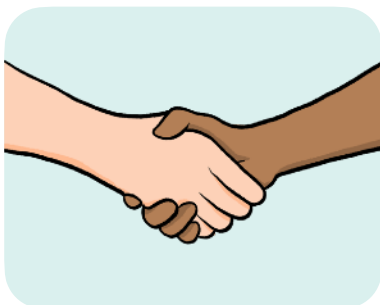
We are looking for people who have some experience of social care.



We will meet together every 3 months.

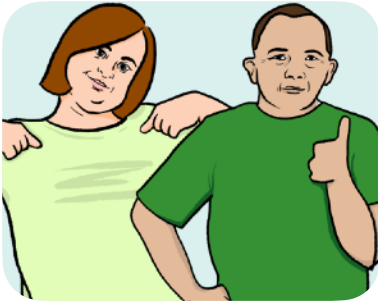


The project will run from June 2022 to May 2024.



The group will help the project teams to work well with people who have experience of social care.

Who can take part?



We are looking for 2 people with learning disabilities.



We are looking for about 4 other people who:

- Have used social care services, or
- Have helped their family or friends who have used social care services.



You will need to have some experience of finding out information about social care.



Your experience might be:

- Being part of a research project.



- Taking part in a survey.



- Giving your opinions in a group.



You need to live in the East of England.

What will you do?

You will:



- Tell the project team about your experiences of using social care and/or finding information about it.



- Go to 4 meetings per year.



The first meeting will be in early July 2022 and will be a face to face meeting.



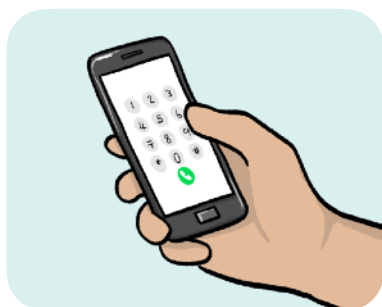
Meetings in the future might be face to face or online.



You will get £75 for a half day meeting or £150 for a full day meeting.

If you have to spend money to help you take part in the project we can help you with that.

For more information



If you need more information please get in touch with Becki Meakin by:

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Please get in touch by the end of May 2022.

This Easy Read information has been produced by easy-read-online.co.uk