# Text only version of infographic:

# Making involvement inclusive

Recommendations from the Shaping Our Lives Tickboxes and Tokenism report, Feb 2022

## Providing accessible information

* Captions/subtitles in presentations
* Easy to read colour in presentations
* Appropriate text size in documents
* Using microphones, braille and audio assistance

## Facilitating physical attendance

* Accessible venues
* Transport arrangements
* Realistic allowance of time spent including overnight stays and recovery time, rest and bathroom breaks and assistance with those
* Dietary requirements
* Negative impacts of sensory environment

## Understanding of other support needs

* Recognition of neuro-diversity and hidden disabilities
* Time to prepare and express experiences
* Recognition of changing needs
* Understanding complex needs
* Multiple types of disability and disabilities not commonly recognised
* Psychological support
* Non-judgement
* Recognition that people are further ‘disabled’ by systems
* Consideration for carers

## Reimbursement

* Prompt payment of costs incurred
* Cost provision for carers and assistance
* Fair payment in exchange for expertise